Family Workshops
January-June 2020

Choosing a Preschool
Wednesdays, 6-7:30pm
Jan 22, Feb 26, Mar 25, Apr 22,
May 27, Jun 24
Learn about preschool philosophies, how to spot and evaluate quality
indicators and tips for navigating the application process.

Choosing Infant Care
Wednesdays, 10-11:30am
Jan 8, Feb 12, Mar 11, Apr 8,
May 13, Jun 10
Explore licensing regulations, legal
rights of parents and indicators of
quality in infant/toddler care centers.

Parent Café
Wednesdays, 6-8pm
Jan 15, Feb 12, Mar 11, Apr 1,
Apr 8 (11am), May 20, Jun 17
Build supportive relationships in a
family-friendly setting. Gain parenting
skills and strategies through expert
guidance and peer-to-peer learning.
Dinner and child care provided.

Fire Safety with the SFFD
Wednesday, Mar 4, 6-8pm
The SF Fire Department wants to
keep you, your family and your kids
safe! Learn about escape planning,
main causes of fire and what to do if
you are trapped in a fire.

The Tough Stuff with Tandem
Wednesdays, Apr 29 & May 6,
11am-1pm
This two-part workshop teaches
families to coach young children
coping with big emotions. Learn and
practice how to use art, play and
storytelling to work through scary or
traumatic experiences.

New & Expecting Moms Group
Thursdays, 11am-1pm
(see calendar for dates)
Join our support group for new and
expecting mommies and their babies.
Build bonds over refreshments with
group discussion, mom-baby
activities and peer-to-peer learning in
our toy & book Lending Library.

Tuesday Playgroups
Tuesdays, 10-11:30am
Each week child development experts
lead engaging activities to build
young brains, including resources and
ideas you can use at home. Designed
for 0-6 year olds, their parents and
caregivers. All languages and drop-ins
welcome.

Early Literacy for Families
Wednesday, Jan 29, 6-8pm
The San Francisco Public Library
wants you to know it’s never too early
or too late to start sharing rhymes,
songs, and books with your child!
Learn the science behind teaching
early literacy to your young child.
Dinner and child care will be provided.

KIDPOWER
Thursday, Apr 23, 6-8pm
Adults: learn personal safety skills
for families with KIDPOWER. This
strength-based, hands-on approach
to learning focuses on setting
boundaries, staying safe from
bullying or verbal attacks and
making safe choices with support
tools and more. Dinner and child
care will be provided.

Pediatric CPR & First Aid/
RCP Y Primeros Auxilios
English: Jan 4, Mar 14, May 16
Español: Jan 17, Feb 15, Mar 13,
Apr 11, May 9, Jun 19
Registration/Cuesto: $120
Upon the completion of this class
you will receive your certification
from the Emergency Medical
Services Authority. To register
contact 415.276.2944 or
qualitynetwork@childenscouncil.org

Keeping Your Home Safe
(English, 中文 & Español)
Wednesday, Mar 25, 6-8pm
Learn about actions you can take to
create a healthier environment for kids
to live, learn and play. Join us for an
informative dinner and child care
included.

Bay Area Discovery
Museum Playdate
Friday, Jun 5, 9:30am-1pm
Cost: $7/adult
Location: B.A.D.M. in Sausalito
Join us at the Bay Area Discovery
Museum for a STEM class for young
children and open exploration time at
the museum. Please register for
tickets on our website.

Visit our Toy & Book Lending Library
Parents and caregivers can check out
educational materials free of charge. Our
collection includes books, toys, games and
information on child development. Call
415.276.2900 to make an appointment.

Thank You to Our Partners!
## Family Workshops
January-June 2020

See reverse for workshop descriptions

### January
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Parent Café**
- **RCP Y Primeros Auxilios**
- **Choosing Infant Care**
- **Choosing a Preschool**
- **Early Literacy**
- **New & Expecting Moms**
- **Tuesday Playgroup**

### February
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Parent Café**
- **RCP Y Primeros Auxilios**
- **Choosing Infant Care**
- **Choosing a Preschool**
- **Parent Café**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **RCP Y Primeros Auxilios**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**

### March
- **Tuesday Playgroup**
- **Fire Safety with the SFFD**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Parent Café**
- **Choosing Infant Care**
- **RCP Y Primeros Auxilios**
- **CPR & First Aid**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**

### April
- **Parent Café**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Choosing Infant Care**
- **Parent Café (11am)**
- **New & Expecting Moms**
- **RCP Y Primeros Auxilios**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Parent Café**
- **Tuesday Playgroup**
- **Choosing a Preschool**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **The Tough Stuff**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**

### May
- **Tuesday Playgroup**
- **The Tough Stuff**
- **New & Expecting Moms**
- **RCP Y Primeros Auxilios**
- **Tuesday Playgroup**
- **Stand for Children Day**
- **Choosing Infant Care**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Parent Café**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Thursday Playgroup**
- **Choosing a Preschool**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**

### June
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **BADM Playdate**
- **Tuesday Playgroup**
- **Choosing Infant Care**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **Parent Café**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **RCP Y Primeros Auxilios**
- **Tuesday Playgroup**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **RCP Y Primeros Auxilios**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**
- **Tuesday Playgroup**
- **New & Expecting Moms**

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**Register at:** childrenscouncil.org

All workshops, unless otherwise noted, take place at:

Children’s Council of San Francisco
445 Church St.
San Francisco, CA

Check our website for changes and new additions to workshops.

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**Mobile-Friendly Child Care Finder**

Search the most comprehensive database of early education programs in SF, all certified by the state of California.

childrenscouncil.org/childcarefinder

- **Tuesday Playgroup special guest:** JAMaROO
- **Tuesday Playgroup special guest:** Baby Sign Language
- **Tuesday Playgroup special guest:** Dance & Healthy Movement