

Family Workshops

In accordance with the latest Department of Public Health guidelines regarding COVID-19, Children's Council is currently not hosting workshops in person.

However, many of our popular workshops for families are being presented virtually.

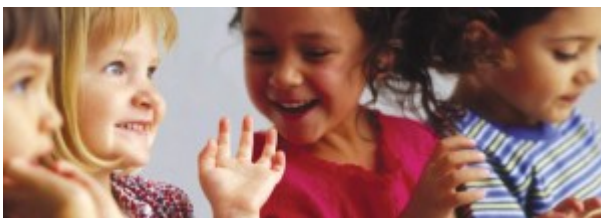
If you have questions, you may call or email the workshop organizer. Scroll down and click on the workshop in question, look for the workshop organizer's name at the bottom of the page, then click "contact."

▼ Special Events

- [Tue, Mar 2](#) - Fix Lead SF (□□)
- [Tue, Mar 9](#) - Fix Lead SF (Español)
- [Wed, Mar 24](#) - Play Lab Virtual: Acceso lingüístico para todos (Español)

▼ Tuesday Playgroup

Playgroups are held virtually every Tuesday at 10:30am. [Click here for more info and to RSVP.](#)



Each week child development experts lead engaging activities to build young brains,

including resources and ideas you can use at home.

Designed for 0-6 year olds, their parents and caregivers. All languages welcome.

Call Jessica Boehme-Flores at 415.276.2902 with any questions.

♥ New & Expecting Moms Group

New & Expecting Moms Group are held virtually every Thursday at 11am.

This group supports new and expecting mommies through group discussion, interaction and activities. We'll build new relationships and support communication between you and your child. The facilitator is a new mom herself, with a background in social psychology and adult and child education.

Expecting moms and new moms with babies are encouraged to attend any or all sessions!
[Meet our facilitator Jessica Boehme-Flores.](#)

- [Thu, Mar 4](#) (virtual)
- [Thu, Mar 11](#) (virtual)
- [Thu, Mar 18](#) (virtual)
- [Thu, Mar 25](#) (virtual)
- [Thu, Apr 1](#) (virtual)
- [Thu, Apr 8](#) (virtual)
- [Thu, Apr 15](#) (virtual)
- [Thu, Apr 22](#)(virtual)
- [Thu, Apr 29](#) (virtual)

- [Thu, May 6](#) (virtual)
- [Thu, May 13](#) (virtual)
- [Thu, May 20](#) (virtual)

- [Thu, May 27](#) (virtual)
- [Thu, Jun 3](#) (virtual)
- [Thu, Jun 10](#) (virtual)
- [Thu, Jun 17](#) (virtual)
- [Thu, Jun 24](#) (virtual)

✓ Parent Cafe

Parent Cafe is held virtually every month.

Build supportive relationships with other families while learning how to better manage the stress of parenting from our team of child development experts. Please RSVP:

- [Wed, Mar 31](#) (virtual)
- [Wed, Apr 28](#) (virtual)
- [Wed, May 26](#) (virtual)
- [Wed, Jun 16](#) (virtual)

✓ Choosing a Preschool During COVID-19

In this workshop we address program philosophies (Montessori, Waldorf, etc.), quality indicators and tips on navigating the application process. This is a free workshop.

- We are currently scheduling our next Choosing a Preschool During COVID-19 virtual workshop - details coming soon.

✓ Choosing Child Care During COVID-19

Let us help you evaluate family child care homes and infant/toddler centers. We also explore licensing regulations, legal rights of parents and indicators of quality. This is a free workshop. Advance registration preferred.

- [Wed, Mar 17](#)
- [Wed, Apr 14](#)
- [Wed, May 12](#)
- [Wed, Jun 16](#)
- [Wed, Jul 14](#)
- [Wed, Aug 18](#)
- [Wed, Sep 15](#)
- [Wed, Oct 20](#)
- [Wed, Nov 17](#)
- [Wed, Dec 15](#)

✓ Cooking Matters

Our series of cooking classes will get you and your little sous-chef ready for the kitchen. Prepare healthy and tasty foods while trimming on costs. Please plan to attend all classes in the series. This virtual workshop is free!

English:

- Please check back at a later date for new English Cooking Matter workshops.

Español:

- Please check back at a later date for new Spanish Cooking Matter workshops.

✓ Pediatric CPR & First Aid

Receive your certification from the Emergency Medical Services Authority. Course fee is \$100, registration is required.

Classes are currently being broken into **one virtual session and one in-person session**. Please refer to event links for more information.

Español:

- [Fri, Mar 12](#)
- [Fri, Apr 19](#)
- [Fri, May 14](#)
- [Fri, Jun 11](#)
- [Fri, Jul 9](#)
- [Fri, Aug 6](#)
- [Fri, Sep 3](#)
- [Fri, Oct 1](#)
- [Fri, Nov 5](#)
- [Fri, Dec 3](#)