

2018 Healthy Apple Award Winners

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Earlier this month, Children's Council's Healthy Apple Program was pleased to recognize 37 child care sites with 63 awards for excellence in child care nutrition and physical activity practices, at the CPAC Early Educators Recognition Event, held at the Green Room in San Francisco.

Like and share photos from our [Healthy Apple Awards Ceremony album on Facebook!](#)

These early educators have demonstrated commitment to nutrition and physical activity in child care settings across the city.

All sites have written policies documenting their dedication to learning about healthy practices and to sharing their knowledge with parents and families of children they care for. Congratulations to this year's awardees!

[Check out this video featuring Zonia Torres](#) at Shining Stars Family Child Care, who received a gold award in nutrition and physical activity.



Healthy Apple works!

A [recently published study](#) found that “integration of the Healthy Apple Program with existing public health nursing services was associated with significantly more children exposed to best practices and improvement in child BMI change. The results warrant continued integration of Healthy Apple into local public health infrastructure.”

We look forward to continuing to support your efforts over the next year. [Click here for the full list of 2018 awardees](#) and [visit our website](#) to learn about workshops on nutrition, physical activity, policy development, and parent education.

Are you a child care provider who wants to be recognized with a Healthy Apple Award in 2019? [Click here](#) to get started today.

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